

Shyam Valley Trek



Days:	12
Price:	995 USD International flight not included
Comfort:	★★★★★
Difficult:	★★★☆☆
	📌 Trekking

THRILLS BY THE SCORE, SCENIC BEAUTY GALORE!

Our itinerary incorporates a relatively easy trek with several memorable walking experiences through the stunningly beautiful landscape with stops at villages and monasteries en route, providing a grand introduction to this exotic and quaint region.

We start with a flight from Delhi to Leh (3,500m) that offers untrammelled, aerial views of the vast Himalayan range and its magnificent, snowcapped peaks. Here, we spend two days visiting local Buddhist monasteries and exploring local markets and villages and acclimatizing ourselves to the altitude. Our trek starts from Taru, a small village close to Leh, and crosses Taru La, a pass at 4,200m, taking us through a deserted plateau. We continue past several Ladakhi villages where we witness a traditional and unchanged way of life along with a glimpse of the contrasting scenery offered by this part of the Himalayan landscape: /lofty snow-clad and forbidding peaks astride wild and barren hillsides alongside charmingly quaint and pretty villages in valleys that blossom in summer.

HIGHLIGHTS

- Likir, famous for its 11th century monastery
- Thiksey - a yellow hat sect monastery bearing a strong resemblance to the Potala Palace in Lhasa
- Themisgam - a famous trekking sight
- Lamayuru - a famous monastery in Western Ladakh

Day 1. Arrival at airport



Delhi 📍

- We arrive at the **international airport** of Delhi at night. We get professional assistance in boarding our early morning flight to Leh after the traditional welcome by **company's representative** at Delhi airport.

Day 2-3. Drop to airport and board the flight to Leh



Delhi 📍

Delhi - Leh

- In the early morning flight from Delhi, the plane flies over the **Himalayan Range** providing amazing overhead view of the whole mountain range with gigantic glaciers and glaring peaks before it brings us to Leh, a fertile valley just to the north of the mighty **Indus River** (this flight is subject to appropriate weather and perfect flying conditions). Upon arrival we transfer to the hotel.

Day 2

✈ 610km - ⌚ 1h 30m
Leh 📍

- The rest of the day is free to relax and **acclimatize to the altitude (3,500m)**. Late afternoon there is a gentle orientation walk in Leh and its bazaars. In the olden days Leh was an important trading center along the old Silk Route from China. The town is dominated by the nine-story Namgyal Palace whose faded grandeur has been likened to a mini version of the Potala Palace in Lhasa.

Day 3

- Today, in the sightseeing tour to three of the major gompas (monasteries) around Leh, we first drive to Thikse Monastery that belongs to Gelukpa order (Yellow hat). Perched on top of a hill its red and white buildings can be seen from miles. A recently built temple within this complex contains a magnificent image of the Future Buddha.
- Next we drive to Hemis Gumpa that belongs to **Drukpa order (Red hat)**. It holds the distinction not only of being the biggest and the wealthiest monastery of Ladakh but also of very rich collections of ancient relics and the rare 17th century murals and the painted stone reliefs adorning the courtyard gallery making it a true UNESCO World Heritage Site.
- We continue our excursion and visit Matho monastery situated right across Thikse on the other side of Indus River. This monastery was founded in 16th century and it's an only monastery that belongs to Sakya order of Tibetan Monastery.

🍳 Breakfast	Hotel Kanishka
🍷 Dinner	Hotel Kanishka
🏠 Accommodation	Hotel Kanishka

Day 4. Indus Valley (3,500-3,800m): Stok Palace, Shanti Stupa and transfer to Taru



Leh 📍

🚗 60km - ⌚ 1h 30m
Taru 📍

Leh - Taru

- After breakfast we continue our sightseeing programme. Just across the river to the south of Leh lies Stok, a village in which the deposed royal family relocated after the loss of their throne. Stok Palace, where the royal family now lives, houses a museum of artifacts associated with this dynasty. Later we visit Shanti Stupa on the hilltop at **Changspa**. An exhausting steep uphill walk over the steps to the Stupa culminates in great views of the valley around and of the road to Khardung La - **world's highest motor able pass at 5,602 mtrs.**
- Later we drive to a small village called Taru, **the starting point of our trek.**

🍳 Breakfast	Hotel Kanishka
🍲 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 5. Taru - Taru La (4,200m) - Umla - Nimu (3,700m)



Taru - Nimu



Taroo ♡
17km - ⌚ 6h
Nimmoo ♡

TAROO - NIMMOO

- We begin our walk in a deserted valley with a gradual ascent towards the first pass, **Taru La (4,200m)**. The trail gets steeper just before reaching the pass. Our hard work pays off with the breathtaking views from the top. It's then a long but gradual descent on a dusty trail to the **village of Umla**. We cross this beautiful village before arriving on a deserted plateau where we stop for lunch. Later we continue towards **Nimu village** through an unpopulated landscape.

Duration of Trek: 6 Hrs

Distance: 17 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 6. Nimu – Nye (3,800m)



Nimmoo ♡
10km - ⌚ 4h 40m
Ney ♡

Nimmoo - Ney

- We start this short day's trek with a gradual ascent for an hour through a canyon that is surrounded by rocky cliffs. From the top one can enjoy sweeping views over the green fields of **Nimu** and Indus River. We trek onto a deserted plateau to reach the green valley of **Nye**. In the afternoon we have enough time to explore this beautiful village.

Duration of Trek: 4-5 Hrs

Distance: 10 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 7. Ney – Likir (3,400m)



Ney ♡
12km - ⌚ 4h
Likir ♡

- Today we reach an arid and bare landscape, flat and dry. We have a short ascent early on to reach a dusty road that hardly sees any traffic. From here it's a gentle walk up to the village of Likir. After taking some rest at the camp we visit Likir Monastery and explore the village.

Duration of Trek: 4 Hrs

Distance: 12 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 8. Likir – Sumdo – Yangtang (3,600m)



Likir 📍
14km - ⌚ 4h 20m
Yangthang 📍

Likir - Yangthang

- After breakfast we commence our trek to Yangtang via a small village of Sumdo (2-3 houses only), a gateway to beautiful views of the surrounding mountains. The walk is on a rough jeep-road with barely any traffic. We cross the small pass of **Charatse La (3,700 m)** to reach Yangtang. The fields of the village are visible from the top and before harvesting season the whole area looks like an oasis suspended in mid-air. We reach our camp set up either near the village school or at the river bank.

Duration of Trek: 4-5 Hrs

Distance: 14 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 9. Yangtang – Rizong – Hemis Shukpachan (3,600m)



Yangthang 📍
20km - ⌚ 6h 30m
Hemis Shukpachan 📍

- In the morning we descend along the river that we may have to cross several times (sandals required). We walk in the shade of trees up to the **Monastery of Rizong**, perched in a spectacular fashion on the cliffside overlooking the Indus Valley. The monastery holds special significance for Tibetan Buddhists as it belongs to Gelugpa sect of Tibetan Buddhism. After the visit to this monastery we continue our trek to cross **Nigutse La (3,950m)** and then descend to the village called Hemis.

Duration of Trek: 6-7 Hrs

Distance: 20 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 10. Hemis Shukpachan – Ang – Themisgam (3,600m)



Hemis Shukpachan 📍
13km - ⌚ 4h 20m
Themisgam 📍

- We depart Hemis to reach **Rongtil La** - an almost flat walk to the chorten marking the pass. From here our second pass, **Meptik La (3,750m)** is visible with its multi-coloured mountain face. After a short steep descent to the base, **Meptek La** looks like a wall in front - but it can be climbed in half an hour by a slow leisurely walk. Our hard work pays off with the breathtaking views over the surrounding range of mountains from the top. A 90-minute gradual descent through the village of Ang brings us to a prosperous village, Themisgam where we visit a castle. Our camp is in the middle of this beautiful village.

Duration of Trek: 4-5 Hrs

Distance: 13 Kms

🍳 Breakfast	Made by your team
🍴 Lunch	Made by your team
🍷 Dinner	Made by your team
🏠 Accommodation	camping

Day 11. Themisgam – Khalsi – Lamayuru – Leh



Themisgam 📍
8km - ⌚ 4h 20m
Khalsi (Khaltse) 📍
🚗 115km - ⌚ 3h
Leh 📍

Themisgam - Khalsi (Khaltse)

- Today our trek starts with a flat walk on a metalled road for about 30 minutes before we start ascending to **Bong Bong La (3,650m)**. Continuing further we walk through the breathtaking canyons and enjoy views of pastel-coloured mountains with snow-covered peaks. It's an easy descent to the road-head at Khalsi where we finish our trek.

Duration of Trek: 4-5 Hrs

Distance: 8 Kms

Khalsi (Khaltse) - Leh

- From here, we board our vehicles for a drive to Lamayuru. In the afternoon we visit Lamayuru monastery, one of the largest and oldest monasteries in **Ladakh**.

🍳 Breakfast	Made by your team
🍴 Dinner	Hotel Kanishka
🏠 Accommodation	Hotel Kanishka

Day 12. Board flight to Delhi and at Delhi aeroport, board the international flight



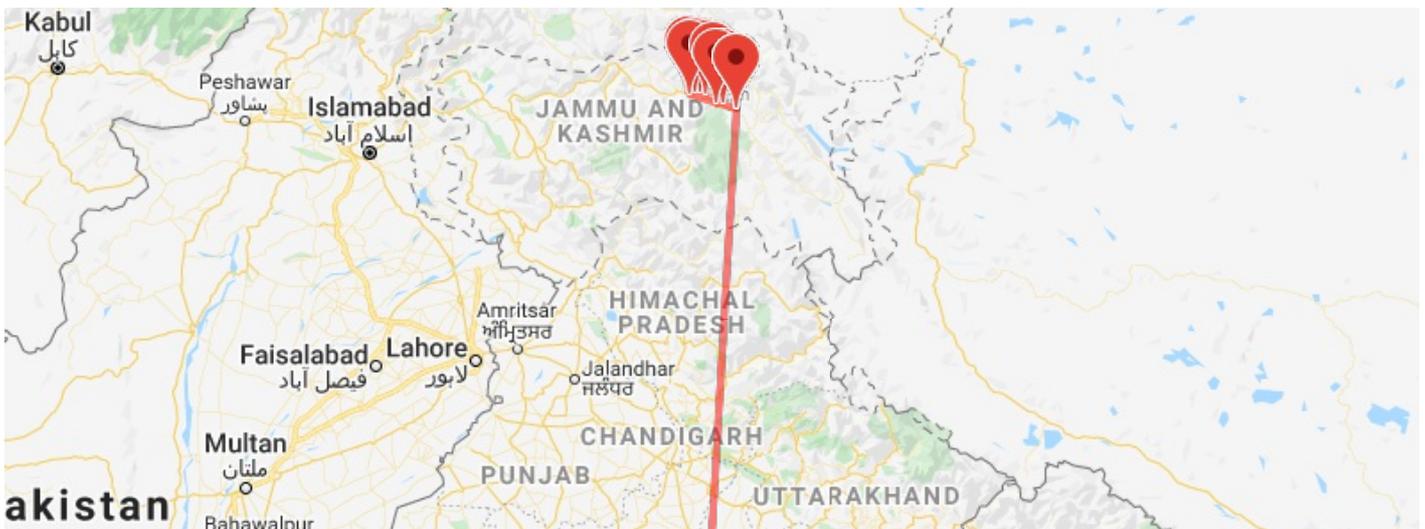
Leh 📍
✈️ 610km - ⌚ 1h 30m
Delhi 📍

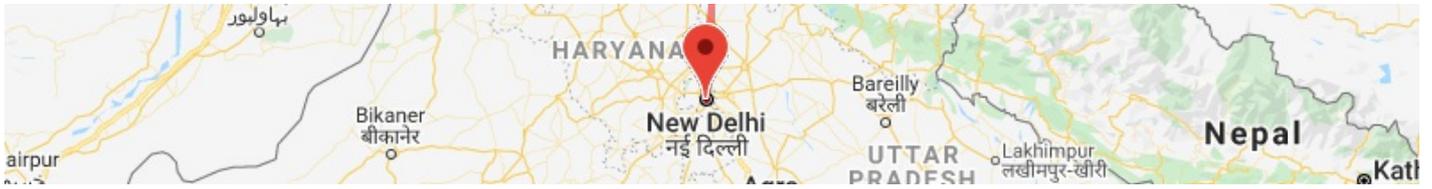
Leh - Delhi

- This morning we have an early **morning flight to Delhi**.
- On your arrival, one room for 04 members would be available for relaxing till late evening.
- Check-out from the hotel and transfer to the international airport or any point of convenience for onward journey to respective countries.
- Arrive at the **international airport** of Delhi. After the traditional welcome, transfer to hotel for overnight stay.

🍳 Breakfast	Hotel Kanishka
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Itinerary map





Individual price per person

2-2	3-3	4-5	6-8	9-12
2035 USD	1545 USD	1425 USD	1055 USD	995 USD

Included

- Accommodation for 07 nights on Full board in camp/tent on double sharing basis
- 03 nights on Half board in Hotel in Leh
- 01 room for 04 participants would be available for Wash & Change D:12
- All ground transportation included in the program using private air-conditioned vehicle with English speaking driver
- Trekking equipment and materials including food (excluding personal equipment)
- Trekking guide for 07 Days during the trekking (D: 05 till D:11)
- Professional English speaking tour leader throughout the trip
- First aid kit
- Govt. Taxes

Not included

- International flights tickets
- Domestic flights for the sector: (Delhi - Leh and Leh - Delhi)
- Travel insurance
- These rates will not be valid for peak season from 20 December 2019 to 10 January 2020 , Christmas and New Year's extra supplement cost will be charged during this period
- Lunch and diner in Delhi & Lunch in Leh
- Tips for Local guide, trek guide and other trek staff
- Rescue and evacuation services
- Miscellaneous Expenses - drinks, souvenir, personal expenses etc.
- The cancellation and baggage insurance, assistance and repatriation
- Other services not mentioned in 'Inclusion'
- Indian visa